A Complete Guide to Fairies and Magical Beings

By Cassandra Eason

Little, Brown Book Group, United Kingdom, 2011. Paperback. Book Condition: New. 196 x 124 mm. Language: English. Brand New Book. In A COMPLETE GUIDE TO FAIRIES AND MAGICAL BEINGS, Cassandra Eason explores the enduring popularity of fairies and nature spirits across all ages and cultures and the history of fairies across a range of countries, cultures and faiths. She examines the main types of fairies from nature spirits, devas, earth spirits and elementals, to trolls, goblins and djinns; looks at the evidence for the existence of fairies and famous case histories of fairy sightings, explores how fairies have been a potent source of inspiration in myth and literature from Shakespeare to Peter Pan and what this tells us about their symbolic power; explores fairies, nature spirits and healing, including the discovery and creation of flower and tree essences; examines ways to access the fairy world including drawing on the energies present in ley lines, standing stones and sacred wells; and provides exercises and rituals to help you unlock the power of fairies to transform your own life and develop your spirituality.

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