



Natural Healing for Babies and Children

By Aviva Jill Romm

Sri Satguru Publications, 1999. Softcover. Book Condition: New. First edition. Natural Healing for Babies and Children is indispensable reading for parents seeking safe and effective ways to keep their children healthy. This comprehensive handbook includes : 1. An A-Z guide to children`s health complaints-and when to call the doctor 2. Herbal remedies, nutritional recommendations, and other home health care tips 3. Guidelines for giving your child a basic physical examination 4. How To create an herbal medicine chest and an herbal first-aid kit Contents Foreword Introduction How to Use This Book Part A. HERBALISM AND NATURAL HEALING : Chap. I : TOWARD A DEEPER UNDERSTANDING OF Health : 1. Redefining Wellness 2. Teaching Our Children about Wellness 3. Teaching Our Children about Health Responsibility 4. Empowering Our Children 5. Overcoming Our Fears Chap. II : HERBAL MEDICINE : 1. Why Use Herbs? 2. Working with Herbs 3. Herbal Medicine for Children Chap. III : HOME HEALTH CARE FOR CHILDREN : 1. The Basic Physical Examination 2. Common Early Signs of Illness 3. The Six Steps of Healing 4. When to Seek Medical Help Chap. IV : HERBAL PRIMER : 1. A Glossary of Herbal Properties 2. Herb Gathering 3. Herbal...

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Older babies and children can have chilled foods, such as ice pops and yogurt, to help cool the body from the inside out and keep them hydrated. Give your child a lukewarm tub bath or a sponge bath. As the water evaporates from her skin, it will cool her and bring her temperature down. (Ibuprofen isn't recommended for babies under 6 months or for children who are dehydrated or have persistent vomiting.) When giving medicine: Be careful with the dose. Fever is usually a normal part of the body's healing process. But there are complications to be aware of: Febrile seizures. Fevers sometimes cause febrile seizures in babies and young children. They're most common in children between the ages of 6 months and 5 years. [Natural Sleep Aids for Babies, Kids and Teenagers. View the Blog.](#)

Making bath time fun You can make bath time fun with pure organic skin care and natural hair care products for your baby and kids that will keep them fresh and clean. Give your children fun and creative playtime with safe and all-natural cosmetics, face paint, hair chalk and stick on tattoos, and make bath time fun with musical toothbrushes, delicious tasting toothpaste and naturally fragrant bubble bath, soap and body wash. **Keeping kids healthy.** Maintaining your little ones' health has never been easier with our range of delicious, great tasting health supplements made just for kids, perfect for adding to smoothies or cereal for a yummy healthy treat for breakfast or after school.