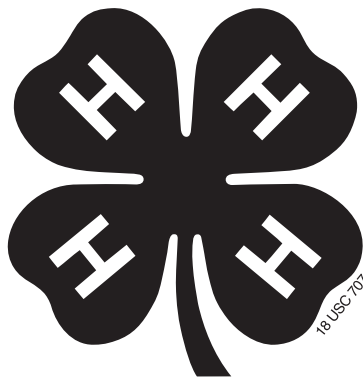




4-H 

WASHINGTON STATE UNIVERSITY
EXTENSION

4-H HORSE MEMBER ADVANCEMENT CHECKLIST



By Jerry A. Newman
John Fouts
Janet Schmidt

EM2790E

Personal Development Skills

- Write a news story for a local paper.
- Participate in a radio or television program.
- Invite a speaker to your club.
- Present a demonstration or illustrated talk to your club or project group.
- Present a demonstration or illustrated talk to a group other than your 4-H group.
- Host a 4-H meeting. See that everyone is welcomed and made comfortable.
- Prepare a display (pictures, clippings, objects) that can be educational or helpful in emphasizing clean air, land, or water; conserving natural resources; conserving energy; or practicing safety.
- Participate in a horse judging or identification contest.
- Attend a 4-H camp.
- Attend a county or state workshop.
- Attend a 4-H Teen Conference or Teen Forum.
- Develop and exhibit a science display related to horses.
- Explore a career associated with horses and report on that career to your project group or community club.
- Plan a fun activity for your club or project group that is separate from a regular meeting.
- Be an apprentice judge at a 4-H horse show and give oral reasons.
- Counsel younger 4-H members.
- Participate in a Horse Bowl or groom squad.
- Develop your own personal development skill with your leader's approval.

Leadership Skills

- Participate in a community service project.
- Participate in a fund-raising activity.
- Be a teen leader.
- Plan a field trip or camp-out.
- Be a camp counselor.
- Help organize a community service project.
- Identify a public need.
- Participate in an exchange program.
- Make arrangements for a field day or tour for your club or county.
- Be a clerk, chairperson, or apprentice judge at a 4-H show.
- Recruit three or more new horse members for your club.
- Help conduct a horse show.
- Help organize and conduct an educational tour or demonstration.
- Help organize and conduct a field day or judging event.
- Help a leader work with a younger member.
- Help organize and conduct a trail ride.
- Help organize a Horse Bowl.
- Help organize a Horse Skillathon.
- Organize and conduct a 4-H judging contest.
- Develop a leadership skill of your own with the approval of your leader.

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP I

SKILLS	Date Passed	Approved By
<u>4-H Knowledge</u>		
1. Learn the 4-H Pledge and Motto.	_____	_____
2. Describe the meanings of the 4-H clover symbol and the colors, green and white.	_____	_____
<u>Safety</u>		
3. Demonstrate how to safely approach and halter your horse/pony.	_____	_____
4. Demonstrate how to safely tie your horse, using a quick release knot.	_____	_____
5. Demonstrate how to safely move around your horse/pony.	_____	_____
<u>Selecting and Judging</u>		
6. Identify and describe the breed or breed type of your horse/pony.	_____	_____
7. Identify and describe the color and markings of your horse/pony.	_____	_____
<u>Handling and Riding</u>		
8. Identify and describe the grooming tools in a grooming kit.	_____	_____
9. Demonstrate the use of your grooming kit.	_____	_____
<u>Personal Development</u>		
10. _____ (Refer to the personal development list.)	_____	_____
<u>Leadership</u>		
11. _____ (Refer to the leadership list.)	_____	_____

STEP I completed: _____
Approved By _____ Date _____

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP II

SKILLS	Date Passed	Approved By
<u>4-H Knowledge</u>		
1. Review the 4-H Record Book with your leader and parent.	_____	_____
2. Identify one goal for your 4-H Horse Project and write it in your Record Book.	_____	_____
<u>Safety</u>		
3. Demonstrate how to safely pick up and clean the front hooves of your horse/pony.	_____	_____
4. Demonstrate how to safely tie a bowline knot and describe when to use it.	_____	_____
<u>Selecting and Judging</u>		
5. Name six light horse breeds.	_____	_____
6. Name and describe six standard colors of horses.	_____	_____
<u>Handling and Riding</u>		
7. Explain and demonstrate how to hold the leadline.	_____	_____
8. Demonstrate how to lead your horse at the walk, the trot, and turn around.	_____	_____
<u>Personal Development</u>		
9. _____	_____	_____
<u>Leadership</u>		
10. _____	_____	_____

STEP II completed: _____

Approved By Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP III

SKILLS	Date Passed	Approved By
<u>4-H Knowledge</u>		
1. Lead the Pledge of Allegiance and 4-H Pledge at a 4-H meeting.	_____	_____
2. Lead a game or song at a 4-H meeting.	_____	_____
<u>Safety</u>		
3. Demonstrate how to safely pick up and clean the rear hooves of your horse/pony.	_____	_____
4. Demonstrate three safety precautions to take when handling your horse.	_____	_____
<u>Selecting and Judging</u>		
5. Name and describe three or more facial markings of a horse.	_____	_____
6. Name and describe three or more leg markings of a horse.	_____	_____
<u>Handling and Riding</u>		
7. Locate and name the parts of the saddle.	_____	_____
8. Locate and name the parts of the bridle.	_____	_____
9. Describe and/or demonstrate how to saddle a horse/pony.	_____	_____
10. Describe and/or demonstrate how to bridle a horse/pony.	_____	_____
<u>Personal Development</u>		
11. _____	_____	_____
<u>Leadership</u>		
12. _____	_____	_____

STEP III completed: _____

Approved By Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP IV

SKILLS	Date Passed	Approved By
<u>4-H Knowledge</u>		
1. Read the 4-H newsletter.	_____	_____
2. Attend or participate in a 4-H event beyond your own club.	_____	_____
<u>Safety</u>		
3. Demonstrate how to safely bathe your horse/pony.	_____	_____
4. Demonstrate/describe how to safely clip your horse/pony.	_____	_____
<u>Selecting and Judging</u>		
5. Name and locate the parts of a horse.	_____	_____
6. Spell and define the following horse terms: filly, colt, mare, gelding, stallion, sire, dam, conformation, equitation, hand, weanling, and yearling.	_____	_____
<u>Riding and Handling</u>		
7. Demonstrate/describe how to mount and dismount.	_____	_____
8. Demonstrate/describe how to walk and jog or trot your horse/pony in two directions.	_____	_____
9. Demonstrate/describe how to stop your horse/pony.	_____	_____
<u>Feeds and Feeding</u>		
10. Describe what you are feeding your horse and why you are using that particular feed.	_____	_____
11. Use an equine weigh tape or formula to estimate the weight and height of a horse.	_____	_____
12. Weigh and record your horse's feed for one day.	_____	_____
<u>Health Practices</u>		
13. Describe 5 characteristics of a healthy horse.	_____	_____
<u>Personal Development</u>		
14. _____	_____	_____
<u>Leadership</u>		
15. _____	_____	_____

STEP IV completed: _____

Approved By _____ Date _____

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP V

SKILLS	Date Passed	Approved By
<u>Safety</u>		
1. Describe the horse's monocular and binocular vision.	_____	_____
2. Describe three things a horse does when it is afraid.	_____	_____
3. Describe the horse's natural defense.	_____	_____
4. Demonstrate and describe how to clean and care for your tack.	_____	_____
<u>Selecting and Judging</u>		
5. Identify and explain the function of two types of bits.	_____	_____
<u>Riding and Handling</u>		
6. Demonstrate, on a horse under control, a method used to stop a run-away horse.	_____	_____
7. Demonstrate/describe how to lope or canter your horse/pony.	_____	_____
8. Demonstrate and/or describe the use of natural aids and artificial aids.	_____	_____
<u>Feeds and Feeding</u>		
9. Describe the similarities and differences in feeding a stalled horse versus a pastured horse.	_____	_____
10. Identify two or more kinds of hay and describe their characteristics.	_____	_____
11. Identify three or more kinds of grains and describe their characteristics.	_____	_____
<u>Health Practices</u>		
12. Describe/demonstrate how to treat minor wounds of a horse.	_____	_____
13. List at least six items you should have in a first aid kit and describe their use.	_____	_____
14. Explain how to recognize and treat colic, founder, and laminitis.	_____	_____
<u>Personal Development</u>		
15. Present a demonstration at the club or county level.	_____	_____
16. _____	_____	_____
<u>Leadership</u>		
17. Be a big sister or big brother to a younger 4-H member.	_____	_____
18. _____	_____	_____

STEP V completed: _____

Approved By _____ Date _____

4 - H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VI

SKILLS	<u>Safety</u>	Date Passed	Approved By
1. Complete the saddling and bridling safety inspection.		_____	_____
2. Demonstrate how to safely load and unload your horse/pony.		_____	_____
<u>Selecting and Judging</u>			
3. Describe two good and two bad qualities of your horse/pony.		_____	_____
4. Spell, define, and locate the following unsoundnesses: ringbone, curb, thoroughpin, splint, sidebone, and hernia.		_____	_____
5. Place a group of four horses in terms of the breed ideal from the best or most ideal to the least ideal horse.		_____	_____
<u>Riding and Handling</u>			
6. Execute or describe circling, serpentine, and diagonals.		_____	_____
7. Demonstrate and describe a turn on the haunches.		_____	_____
8. Demonstrate and describe how to set up your horse for a fitting and showing class.		_____	_____
9. Demonstrate/describe/explain the quartering system for showing in a fitting and showing class.		_____	_____
<u>Feeds and Feeding</u>			
10. Explain the amount and quality of water that a horse needs under normal conditions.		_____	_____
11. Explain how and when you should feed and water a horse when the horse is hot.		_____	_____
12. Explain how to evaluate the condition of your horse. Explain how to determine when, how much, and what type of supplemental feed is needed.		_____	_____
13. Explain the conditions and amounts of feeds and/or additives that should be fed to the riding horse.		_____	_____
<u>Health Practices</u>			
14. Identify and describe three internal and three external parasites of horses.		_____	_____
15. List the type of vaccinations needed to protect the horse from disease.		_____	_____
16. Discuss with a veterinarian how often and when the vaccinations should be given.		_____	_____
<u>Careers</u>			
17. List and describe three careers in the horse industry that interest you.			
<u>Personal Development</u>			
18. Participate in a judging contest.			
19. _____		_____	_____
<u>Leadership</u>			
20. _____		_____	_____
21. _____		_____	_____

STEP VI completed: _____ Date _____

Approved By

Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VII

SKILLS	<u>Safety</u>	Date Passed	Approved By
1. Conduct a safety inspection of your barn, corral, stall, pasture, and fencing.		_____	_____
2. Conduct a safety inspection of your truck and trailer.		_____	_____
<u>Selecting and Judging</u>			
3. Define and explain the following judging terms: balance, smoothness, blending of parts, correctness, slope, straightness, forequarter, barrel, and rearquarter.		_____	_____
4. Describe the characteristics, origin, and use of the following breeds of light horses: Thoroughbred, Standardbred, Quarter Horse, Arabian, and Morgan.		_____	_____
5. Describe the characteristics of your horse.		_____	_____
6. Draw, identify, and label the teeth in the horse's mouth.		_____	_____
<u>Riding and Handling</u>			
7. Demonstrate and describe the correct equitation position for your style of riding.		_____	_____
8. Demonstrate and describe show ring procedures, safety, and etiquette.		_____	_____
9. Enter a fitting and showing class at a local show.		_____	_____
10. Enter an equitation class at a local show.		_____	_____
<u>Feeds and Feeding</u>			
11. Identify/label the parts of the horse's digestive system.		_____	_____
12. Identify and define the terms roughage and concentrates.		_____	_____
13. Describe the differences between ruminant (cow) and nonruminant (horse).		_____	_____
14. Draw and describe the digestive system of a horse and a cow.		_____	_____
<u>Health Practices</u>			
15. Describe the correct daily feeding and exercise schedule for your horse.		_____	_____
16. Describe methods to prevent internal and external parasite infestation in your horse.		_____	_____
<u>Careers</u>			
17. Interview professionals employed in three careers that interest you.		_____	_____
<u>Personal Development</u>			
18. Participate in a judging contest and give oral reasons.		_____	_____
19. _____		_____	_____
<u>Leadership</u>			
20. Be a committee chair or an officer in your 4-H club.		_____	_____
21. _____		_____	_____

STEP VII completed: _____ Date _____

Approved By _____

4 - H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VIII

SKILLS	<u>Management</u>	Date Passed	Approved By
1. List and describe three safe and appropriate types of horse fences.		_____	_____
2. Define the terms overgrazing, rotational grazing, and sacrifice or holding area.		_____	_____
3. Explain the basic equipment and facility needs of your horse.		_____	_____
<u>Selecting and Judging</u>			
4. Identify/label and explain the function of the parts of the hoof.		_____	_____
5. Identify four ways of traveling faults (padding, forging, striking, and interfering).		_____	_____
6. Describe what to look for when identifying lameness in a horse.		_____	_____
7. Determine age of the horse by using the teeth as a guide.		_____	_____
<u>Riding and Handling</u>			
8. Demonstrate figure-eights with simple lead changes.			
9. Demonstrate backing at least four steps.			
10. Demonstrate side passing in each direction.		_____	_____
<u>Feeds and Feeding</u>			
11. Identify the three nutrients that provide energy for the horse.		_____	_____
12. Identify feeds that provide high levels of fats, carbohydrates, and proteins.		_____	_____
<u>Health Practices</u>			
13. Describe under what conditions to bandage a horse leg injury.		_____	_____
14. Demonstrate cannon bone, pastern-fetlock, and hock/knee wraps.		_____	_____
15. Identify locations on the horse for intra-muscular injections.		_____	_____
16. Demonstrate the correct method/technique for administering intra-muscular injections.		_____	_____
<u>Careers</u>			
17. Write to a community college, vocational school, college, or university that provides training in the careers that interest you.		_____	_____
<u>Personal Development</u>			
18. Complete a basic first aid training class or course for human beings.		_____	_____
19. _____		_____	_____
<u>Leadership</u>			
20. Assist in organizing a 4-H event at the county level.			
21. _____		_____	_____

STEP VIII completed: _____
Approved By Date

4 - H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP IX

SKILLS	<u>Management</u>	Date Passed	Approved By
1. Demonstrate and describe appropriate manure disposal and utilization methods.		_____	_____
2. Describe an appropriate annual shoeing/trimming schedule for your horse.		_____	_____
3. Become familiar with and describe what to look for in a correct shoeing/trimming job.		_____	_____
4. Identify appropriate pasture plant species (grasses and legumes) for horses.		_____	_____
5. Identify poisonous and nonpoisonous weeds prevalent in your area.		_____	_____
<u>Selecting and Judging</u>			
6. Describe specific characteristics desirable when selecting a broodmare.		_____	_____
7. Judge a class of mares using the pairing technique and give oral reasons on the class.		_____	_____
<u>Riding and Handling</u>			
8. Demonstrate how to longe or drive a horse.		_____	_____
9. Describe and demonstrate collecting your horse.		_____	_____
10. Describe the criteria used to select and purchase tack (saddles, bridles, blankets, etc.).		_____	_____
11. Demonstrate forehand and rearhand pivots in both directions.		_____	_____
12. Demonstrate riding your horse over ground obstacles.		_____	_____
<u>Feeds and Feeding</u>			
13. Show and describe visual characteristics used when selecting quality hay.		_____	_____
14. Rank and describe the energy levels of at least four different types of grain.		_____	_____
15. Describe four different methods of processing feeds for horses.		_____	_____
<u>Health Practices</u>			
16. Demonstrate how you would take your horse's temperature, pulse, and respiration.		_____	_____
17. Using a microscope, examine a fecal sample for parasites.		_____	_____
18. Define and describe identification, care, and treatment of girth gall, stone bruise, sand crack, bowed tendon, wind puff, and splints.		_____	_____
19. Describe proper care of a horse's teeth and problems associated with horses of various ages.		_____	_____
<u>Careers</u>			
20. Using the information you have found on careers, select one or two and spend a day with a person employed in that career.		_____	_____
<u>Personal Development</u>			
21. _____		_____	_____
22. _____		_____	_____
<u>Leadership</u>			
23. Clerk, steward, or actively participate in the management of any organized horse activity.		_____	_____

STEP IX completed: _____ Date _____

Approved By _____

WASHINGTON STATE
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EXTENSION

Prepared by Jerry A. Newman, WSU Extension 4H/Youth Specialist, Retired; John Fouts, WSU Walla Walla County Extension Educator; and Janet Schmidt, WSU Whitman County Extension Director.

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horse projects and activities. The Record Book. This record, if properly kept, will give a clear picture of what you have done through your horse project. This is my _ year in the 4-H Horse Project. There are many things to learn about horses, their care and management. Check those topics you would like to learn more about, either through meeting discussion or reading on your own. Kenosha County 4h Horse Project. 649 likes · 12 talking about this. Welcome to the Kenosha County 4H Horse Program facebook page. See more of Kenosha County 4h Horse Project on Facebook. Log In. or. Create New Account. See more of Kenosha County 4h Horse Project on Facebook. Log In. Forgotten account? Earning an advancement certificate deserves recognition. When members have completed a level of advancement, it should be recognized. This can be done at an achievement meeting or other community event. Extension 4-H staff members can also help leaders prepare newspaper and radio press releases about members' achievements. Many of the horse advancement steps are included for safety reasons. 4-H is committed to teaching its members how to safely handle, ride, and show their animals. 4-H also wants to ensure the safety of others, whether at a club riding meeting or a county fair.