



## Born To Win: Transactional Analysis With Gestalt Experiments

By James, Muriel

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I was taught Transactional Analysis by my Clinical professor. We also used TA in the therapeutic community when I was a prison psychologist. The authors combine gestalt process along with transactional models. Eric Berne the creator of TA was trained in Freudian Psychology so there is some parallels. But the language is concrete and the sources of the content are tangible. Scripts People Live: Transactional Analysis of Life Scripts by Claude M. Steiner Paperback S\$22.73. Customers who viewed this item also viewed. Page 1 of 1 Start overPage 1 of 1.Â The second half of the book focuses on Gestalt therapy and may or may not be interesting to a person wanting to learn about the invaluable communication system of TA. Read more. David M. Pittle. Born to Win: Transactional Analysis with Gestalt Experiments. by James M Jongeward D, Muriel James, Dorothy Jongeward | Health, Mind & Body | This book has not been rated. ISBN: 0451156501 Global Overview for this book.

Gestalt-oriented experiments. are used to supplement the transactional analysis theory. Case illustrations are drawn from our experiences as teachers and counselors: . . . Transactional analysis gives people a rational method for analyzing and understanding behavior; gestalt therapy gives people a useful method for discovering the fragmented parts of their personality, integrating them, and developing a core of self-confidence. xi". xii. Born to win \_ dence. Both methods are concerned with discovering and fostering awareness, self-responsibility, and genuineness.