

Book List

The number of books on coaching and mentoring is growing fast. We list here a selected number of titles which we see as interesting, useful and informative.

Those marked with a star should be regarded as key texts which have been particularly influential in the development of the executive coaching profession.

Anderson, M. (2003) *Bottom Line Organizational Development*. Oxford: Butterworth-Heinemann.

Berne, E. (1964) *Games People Play*. London: Penguin.

Block, P. (1981) *Flawless Consulting*. San Diego, CA: Pfeiffer.

Bluckert, P (2006) *Psychological Dimensions of Executive Coaching*. Maidenhead: Open University Press.

*Bridges, W. (1991) *Managing Transitions*. Reading, MA: Addison-Wesley.

Briggs Myers, I. with Myers, P. (1980) *Gifts Differing*, Palo Alto, CA: Consulting Psychologists Press.

*Brockbank, A and McGill, I (2007) *Facilitating Reflective Learning through Mentoring and Coaching*. London, Kogan Page.

Carson, R. (1987) *Taming Your Gremlin: A Guide to Enjoying Yourself*. London: Harper and Row.

Csikszentmihalyi, M. (1990) *The Psychology of Optimal Experience*: New York, Harper Row

*Driver, M. (2011) *Coaching Positively – Lessons for coaches from Positive Psychology*, Maidenhead: Open University Press /McGraw Hill

*Egan, G. (1998) *The Skilled Helper*, 6th edn. New York, NY: Brooks Cole.

Feltham, C. and Horton, I. (Eds) (2000) *A Handbook of Counselling and Psychotherapy*. London: Sage Publications.

Flaherty, J. (1999) *Coaching: Evoking Excellence in Others*. Oxford: Butterworth-Heinemann.

Frankl, V. (1959) *Man's Search for Meaning*, New York, NY: Pocket Books.

*Gallwey, T. (2000) *The Inner Game of Work*. London: Orion Publishing Group.

Goldsmith, M, Lyons,L and Freas, A. (2001) *Coaching for Leadership*. San Francisco CA, Jossey Bass

Yorkshire and Humber Deanery Coaching Skills Programme

- *Goleman, D., Boyatzis, R. and McKee, A. (2002) *The New Leaders*. London: Little, Brown.
- Harris, T.A. (1973) *I'm OK – You're OK*. London: Pan Books.
- Hay, J. (2007) *Reflective Practice and Supervision for Coaches*. Maidenhead: Open University Press
- Hayes, P. (2006) *NLP Coaching*. Maidenhead, Open University Press
- Hayes, P. (2011) *Leading and Coaching Teams to Success*. Maidenhead: Open University Press /McGraw Hill
- *Kline, N. (1999) *Time to Think*. London: Ward Lock.
- Locke, E A & Latham, G P. (1990) *A Theory of Goal-Setting and Task Performance*. Eaglewood Cliffs, NJ: Prentice Hall
- O'Connor J and Seymour, J (1993) *Introducing NLP*, London: Harper Collins
- *O'Neill, M.B. (2000) *Executive Coaching with Backbone and Heart*. San Francisco, CA: Jossey-Bass.
- Peltier, B (2002) *The Psychology of Executive Coaching*. London: Brunner Routledge
- Rogers, C.R. (1980) *A Way of Being*. Boston, MA: Houghton Mifflin.
- *Rogers, J. (2008). *Coaching Skills: A Handbook, Second Edition*. Maidenhead: Open University Press
- Rogers, J. (2008) *Second Edition. The Sixteen Personality Types at Work in Organisations*. London: Management Futures; Milton Keynes: ASK Europe.
- Rogers, J. (2007) *Adults Learning, Fifth Edition*. Maidenhead: Open University Press.
- Rogers, J (2006) *Developing a Coaching Business*, Maidenhead: Open University Press
- Schein, E H, (2006) *Career Anchors: Self Assessment, Third Edition*. New York, Pfeiffer
- Schutz, W. (1984) *The Truth Option*. Berkeley, CA: Ten Speed Press.
- Starr, J (2002) *The Coaching Manual: The Definitive Guide to the Process, Principles and Skills of Personal Coaching*. London, Prentice Hall.
- Vaughan Smith, J (2007) *Therapist into Coach*. Maidenhead: Open University Press
- Whitmore, J. (1996) *Coaching for Performance, Second Edition*. London: Nicholas Brealey Publishing.
- *Whitworth, L., Kimsey-House, H. and Sandahl, P. (1998) *Co-Active Coaching*. Palo Alto, CA: Davies Black Publishing.
- Yalom, I.D. (2002) *The Gift of Therapy*. London: Judy Piatkus Publishing.

Browse all 19,619 Book lists on List Challenges. Find Book Lists That Interest You & Mark Off What You've Done! OR MAKE YOUR OWN Book List >. All (110,376) Travel (9,278) Movies (54,850) Books (19,619) Food (3,538) Other (23,102). Trending New Popular. 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19. 1-120 of 2,192 trending lists. Novelogue 100 Epic Reads Bucket List Scratch-Off Poster. 620 today. 100. Travel the World With Books. 480 today. 50. 70 Years of Books - How Many Have You Read? We have put together our list of the best books ever. However we think we are missing some and we need your help. Take a look at our list then post on our Instagram account suggestions to be added and tag #bdlovesbestbooks. We can't wait to see your suggestions! *STOP PRESS* The results are in and below is your list of the Best Books Ever! YOUR Best Books Ever. 52% off. The Secret Diary of Adrian Mole Aged 13 3/4. BOOK LISTS The Most Soothing Nonfiction Books for Stressful Times. WORK AND SUCCESS What You Need to Know About Long-Term Remote Work. BOOK LISTS. 6 mins. Here are some books to help you get through isolation. BOOK LISTS. 5 mins. Immerse Yourself in Extraordinary Lives with the World's Best Biographies. Whether you seek greatness or wisdom in any area of life, these bestselling biographies can help you learn from those who have attained astonishing heights. BOOK LISTS. 5 mins.